

Diocese of Saldanha Bay

# WORSHIP BOOKLET

# HOLY EUCHARIST

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## OPENING SENTENCES

All      As      if      this      were      the      only      time,  
And              this              the              only              place,  
And              we              the              only              people,  
Jesus Christ will meet us.

As      if      this      were      the      only      time,  
And              this              the              only              place,  
And              we              the              only              people,  
Let us worship God.

## PRAYER

Leader      You found out what we were doing and you intervened.  
r              “Come and do it together, come and do it with me”,  
you said.

**All              So thank you Lord, for intervening in our private lives.**

Leader      You promised us nothing by way of success,  
r              recognition, possessions, or reward.  
“These things will come at the right time when you walk  
with me”, you said.

**All              So thank you Lord, for promising us nothing.**

Leader      You gave us no resources apart from ourselves –  
r              Hands              meant              for              caring  
Lips              meant              for              loving  
And the Holy Spirit to make us restless until we change.

**All              So thank you, Lord, for the essential gifts.**

Leader Then just when we think we've got it right as to where  
r we should go and what we should do, just when we are  
ready to take on the world, you come, like a beggar, to  
our back door, saying "This is the way, I am the way".  
And offering us bread and wine.

**All So, thank you, Lord, for coming again and keeping  
your word, and showing you care for us and all people.  
Amen.**

## **THE PEACE**

Leader Not an easy peace, not an insignificant peace, but the  
r peace of the Lord Jesus Christ is with us now.  
Let us share it with each other.

*Word of God, Old Testament, Psalm, Epistle and Gospel.*

## **THE PEACE**

Leader Not an easy peace, not an insignificant peace, but the  
r peace of the Lord Jesus Christ is with us now.  
Let us share it with each other.

## **INVITATION**

Leader This is the table, not of the Church, but of the Lord. It is  
r to be made ready for those who love him and who want  
to love him more.

So, come, You who have much faith, you who love him  
and want to follow him more nearly and you who want  
to follow him more dearly.

Come – not because it is I who invite you: it is our Lord.  
It is his will that those who want him should meet him  
here.

## **THE STORY**

Leader Now let us hear the story of how this sacrament began.  
r On the night on which Jesus was betrayed, he sat at  
supper with his disciples. While they were eating, he  
took a piece of bread, said a blessing, broke it and gave  
it to them with the words, “This is my body. It is broken  
for you. Do this to remember me”.

Later he took a cup of wine saying, “This cup is God’s  
new covenant, sealed with my blood. Drink from it, all  
of you to remember me”.

So now, following Jesus’ example and command, we  
take this bread and wine, the ordinary things of the  
world, which Christ will make special.

And as he said a prayer before sharing, let us do so too.

## **EUCCHARISTIC PRAYER**

Priest    When we are nothing, you made us something.  
When we had no name and no faith and no future, you  
called us your children.  
When we lost our way or turned away, you did not  
abandon us.  
When we came back to you your arms opened wide in  
welcome.  
And look, you prepare a table for us, offering not just  
bread, not just wine, but your very self so that we may  
be filled, forgiven, healed, blessed and made new again.  
You are worth all our pain and all our praise. So now in  
gratitude we join our voices to those of the Church on  
earth and in heaven

**All        Holy, holy, holy. Lord, God of power and might.  
Heaven and Earth are full of your glory. Hosanna in the  
highest.**

Leade    Lord God, as we come to share the richness of your  
r        table, we cannot forget the rawness of the earth. We  
cannot take bread and forget those who are hungry.  
Your world is one world and we are stewards of its  
nourishment.

**All        Lord, put our prosperity at the service of the poor.**

Leade    We cannot take wine and forget those who are thirsty.  
r        The dry ground and the rootless, the earth and its  
weary people cry out for justice.

**All        Lord put our fullness at the service of the empty.**

Leade    We cannot hear your words of peace and forget the  
r        world at war or, if not at war, then preparing for it.

**All        Show us quickly, Lord, how to turn weapons into welcome signs and the lust for power into a desire for peace.**

Leade    We cannot celebrate the feast of your family and forget  
r        divisions. We are one in spirit, but not in fact. History and hurt still dismember us.

**All        Lord, heal your church in every brokenness.**  
**Our hands are empty, our hearts are sometimes full of wrong things. We are not fit to gather up the crumbs from under the table. But with you is mercy and the power to change us.**

Priest    So as we do in this place what you did in an upstairs room, send down your Holy Spirit on us and on these gifts of bread and wine that they may become for us your body, healing, forgiving and making us whole; and that we become, for you, your body, loving caring in the world until your kingdom comes.

**All        Amen**

Priest    Among friends gathered round a table, Jesus took bread, broke it and said, "This is my body, it is broken for you."

And later he took the cup of wine and said, "This is the new relationship with God, made possible because of my death, Take this – all of you – to remember me."

Lord Jesus Christ, you have put your life into our hands; now we put our lives into yours.

Take us, renew and remake us.

What we have been is past; what we shall be, through you, still awaits us. Lead us on. Take us with you.

**All        Amen**

*The bread and the wine is shared.*

## **CLOSING RESPONSES**

Leader The Cross  
r

**All We shall take it**

Leader The Bread  
r

**All We shall break it**

Leader The pain  
r

**All We shall bear it**

Leader The joy  
r

**All We shall share it**

Leader The Gospel  
r

**All We shall live it**

Leader The love  
r

**All We shall give it**

Leader The light  
r

**All We shall cherish it**

Leader The darkness  
r

**All God shall perish it.**

*Blessing*



## MORNING PRAYER

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*Stand*

Leader In the beginning, God made the world:

**All**           **Made it and mothered it,  
Shaped it and fathered it,  
Filled it with seeds and signs of fertility,  
Filled it with love and its folk with ability.**

Leader All that is green, blue, deep and growing.

**All**           **God's is the hand that created you.**

Leader All that is tender, firm, fragrant and curious,

**All**           **God's is the hand that created you.**

Leader All that crawls, flies, swims, walks or is motionless.

**All**           **God's is the hand that created you.**

Leader All that speaks, sings, cries, laughs or keeps silence.

**All**           **God's is the hand that created you.**

Leader All that suffers, lacks or limps or longs for the end.

**All**           **God's is the hand that created you.**

Leader The world belongs to the Lord

**All**           **The earth and all its people are his.**

*Sit*

### The Word of God

Psalm

Old Testament Reading

## **A Song of Praise**

Leader      Before the world began, When everything was  
                 shapeless, You were there ...  
                 Planning the texture, the taste, the sight and the  
                 sound of things. Balancing the opposites, Weaving the  
                 rainbow...  
                 Turning the random into the real.

**All                    And for this we praise you.**

Leader      Before we began  
                 When in the womb,  
                 We were shapeless  
                 You were there ...  
                 Calling us your own,  
                 Planning the nature and novelty in us  
                 Weaning our potentials,  
                 Making us unique ...  
                 Turning the random into the real.

**All                    And for this we praise you.**

Leader      And even now  
                 Now when we dream dreams  
                 or puzzle over the future.  
                 Now when our ideals are being challenged  
                 And the second best becomes attractive,  
                 You are there ...  
                 Upsetting our easiness  
                 Contradicting our compromises,  
                 Replacing our narrow vision  
                 With the sight and sound and taste of a better life  
                 Picking up the loose stitches of our devotion ...  
                 Turning the random into the real.

**All                    And for this we praise you.**

Leader      And it will always be so.  
For you did not say you were the answer  
You said you were the way.  
You did not ask us to succeed,  
You asked us to be faithful;  
You did not promise us paradise tomorrow,  
You said you would be with us to the end of the world  
... Turning the random into the real.

**All              And for this we praise you.**

### **The Word of God**

New Testament Reading

### **Prayers for the Coming of the Kingdom**

Leader      Let us pray for the coming of God's kingdom in our  
world today.

Lord God, because Jesus has taught us to trust you in  
all things, we hold to his word and share his plea:

**All              Your kingdom come, your will be done.**

Leader      Where nations budget for war. While Christ says "Put  
up your sword".

**All              Your kingdom come, your will be done.**

Leader      Where countries waste food and covet fashion, while  
Christ says, "I was hungry... I was thirsty ..."

**All              Your kingdom come, your will be done.**

Leader      Where powerful governments claim that their policies  
are heaven blessed, while scripture proclaims God has  
no favourites,

**All              Your kingdom come, your will be done.**

Leader Where Christians seek the kingdom in the shape of their own church, as if Christ had come to build and not to break barriers.

**All Your kingdom come, your will be done.**

Leader Where women who speak up for their dignity are treated with scorn and contempt,

**All Your kingdom come, your will be done.**

Leader Where men try hard to be tough because they're afraid to be tender,

**All Your kingdom come, your will be done.**

Leader Where we are obsessed with being adult, forget to be like children.

**All Your kingdom come, your will be done.**

*(Personal intercessions – out loud or in silence)*

Leader Where our prayers falter, our faith weakens, our light grows dim,

**All Your kingdom come, your will be done.**

Leader Where Jesus Christ calls us,

**All Your kingdom come, your will be done.**

Leader Lord God, You have declared that your kingdom is among us,

Open our eyes to see it,

Our ears to hear it,

Our hearts to hold it,

Our hands to serve it,

This we pray in Jesus name.

**All Amen**

## **The Collect**

Eternal Lord,  
You revealed your love when your Son was lifted up  
in splendour on the cross:  
illuminate our world, and draw us out of darkness  
into his glorious light, who reigns supreme with you  
and the Holy Spirit now and for ever.

**All            Amen**

## **Dismissal**

*Stand*

Leader        For all that God can do within us,  
For all that God can do without us.

**All            Thanks be to God**

Leader        For all in whom Christ lived before us  
For all in whom Christ lives beside us

**All            Thanks be to God**

Leader        For all the Spirit wants to bring us,  
For where the Spirit wants to send us.

**All            Thanks be to God**

Leader        Listen ... ..  
Christ has promised to be with us in the world as in  
our worship.

**All            Amen, we go to meet him.**

## NOONDAY PRAYER

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### ***Opening Sentences***

Let the beauty of the Lord our God be upon us.  
Establish Thou the work of our hands.  
Establish Thou the work of our hands.

### ***The Lord's Prayer***

Our Father, who art in heaven,  
Hallowed be Thy name;  
Thy kingdom come,  
Thy will be done  
On earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our trespasses  
As we forgive those who trespass against us.  
And lead us not into temptation,  
But deliver us from evil.  
Amen.

### ***Declaration of faith***

We believe and trust  
In God the Father Almighty.  
We believe and trust  
In Jesus Christ His Son.  
We believe and trust  
In the Holy Spirit.  
We believe and trust  
In the Three in One.

## ***Canticle***

Teach us, dear Lord, to number our days  
That we may apply our hearts unto wisdom.  
Oh, satisfy us early with Thy mercy  
That we may rejoice and be glad all of our days.  
And let the beauty of the Lord our God be upon us.  
And establish Thou the work of our hands.  
And let the beauty of the Lord our God be upon us  
And establish Thou the work of our hands, dear Lord.

## ***Blessing***

Trust in God.  
Let nothing disturb you  
Let nothing frighten you.  
All things pass.  
God never changes.  
Patience achieves all it strives for.  
The one who has God  
finds they lack nothing.  
God alone suffices.

## EVENING PRAYER

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*Stand*

Leade I will light a light in the name of the Maker  
r Who lit the world and breathed the breath of life for  
me.

*A candle is lit and placed centrally*

Leade I will light a light in the name of the Son  
r Who saved the world and stretched out his hand to  
save me.

*A candle is lit and placed centrally*

Leade I will light a light in the name of the Spirit  
r Who encompasses the world and blesses my soul with  
yearning.

*A candle is lit and placed centrally*

**All We will light three lights for the Trinity of love:**  
**God above us,**  
**God beside us,**  
**God beneath us,**  
**The beginning, the end, the everlasting one.**

Leade Christ is the source of all life  
r

**All He brings light into the world.**

Leade The light shines in the darkness  
r

**All And the darkness can never put it out.**

Leade He came unto his own.  
r

**All And his own did not receive him.**

Leader Yet to those who believe in him, He gives the right to  
become God's children.

Let us pray:  
Creator, Son and Spirit, One God in perfect community.  
Look now on us who look to you and hear our prayer  
for this community.

Leader Where there is any falseness.  
r

**All Smother it by your truth**

Leader Where there is any coldness  
r

**All Kindle the flame of your love.**

## COMPLINE

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Leader Let the day end, the night fall.  
the world move into silence.  
And let God's people say Amen.

**All Amen**

Leader Let minds unwind, hearts be still, bodies relax.  
And let God's people say Amen.

**All Amen**

Leader But before the day is done,  
Let God's name be praised.  
And let God's people say Amen.

### Prayer

Leader The knees of our heart we bow

**All In the sight of God who created us.  
In the sight of the Son who died for us.  
In the sight of the Spirit who helps us.  
In friendship and affection.**

Leader Through your own Son, O maker of all  
Grant us the fulfilment our lives long for.

**All Love for God  
Love of God  
The smile of God  
The grace of God  
The wisdom of God  
The fear of God  
The imagination of God and  
God's purpose in all things.**

Leader So we may live in this world  
As saints and angels do in heaven.

**All**            **Each shadow and light**  
**Each day and night**  
**Each moment in kindness**  
**Give us your spirit. Amen.**

Leader        O God of the week  
O God of the lowly  
O God of the righteous  
O shield of your people.

**All**            **Call now upon us**  
**in the voice of Glory**  
**With the mouth of mercy**  
**Through the word of your Son.**

*A reading*

*A brief silence*

### **Night Prayers**

*Extempore Prayer*

*Each prayer ends*

Lord hear my prayer  
**At the name of the King of heaven**

*The Lord's Prayer*

Leader        O God of all gods,  
grant us your light this night  
your grace as we sleep,  
your joy in the morning.  
And let us be made pure in the well of your health.

**All**            **Lift from us any anguish**  
**Take from us empty pride**  
**And lighten our souls in the light of your love.**

Leader      Jesus Christ, Son of Mary,  
                 Holy Spirit, Light of Life  
                 Shield and sustain us  
                 An all our dear ones.  
                 This night and every night.

**All                  Amen**

*A brief silence*

Leader      Bless to us O God

**All                  The moon that is above us,  
                 The earth that is beneath us,  
                 The friends who are around us  
                 Your image deep within us  
                 The rest which is before us.**

**Amen.**